



2026 Running & Triathlon Event Calendar

Pretoria & South Africa



PRETORIA ROAD RUNNING CALENDAR – 2026

JANUARY

Date	Event	Location	Distances
17 Jan	PwC George Claassen	Pretoria	21km • 10km • 5km
24 Jan	Wonderpark Akasia	Pretoria (Akasia)	42km • 21km • 10km • 5km
31 Jan	Intercare Classic	Pretoria	21km • 10km • 5km

FEBRUARY

Date	Event	Location	Distances
7 Feb	Eersterust Road Race	Pretoria	21km • 10km • 5km
14 Feb	Sappi Tuks	Hillcrest, Pretoria	21km • 10km • 5km • 1km
22 Feb	Balwin Pretoria Marathon	Lynnwood	42km • 21km • 10km • 5km
28 Feb	Sunrise Monster	Pretoria	32km • 21km • 10km • 5km

MARCH

Date	Event	Location	Distances
7 Mar	Bobbies 3-in-1	Pretoria	21km • 10km • 5km
21 Mar	Human Rights Run	Pretoria	21km • 10km • 5km
28 Mar	Overkruin Beast	Pretoria	32km • 15km • 5km

APRIL

Date	Event	Location	Distances
18 Apr	Tshwane North Ultra	Pretoria North	50km • 21km • 10km • 5km

MAY

Date	Event	Location	Distances
9 May	Jackie Mekler Memorial	Pretoria	25km • 10km • 5km

16 May	The Grove Mall Race	Pretoria East	21km • 10km • 5km
23 May	Love Running Race	Pretoria	21km • 10km • 5km
30 May	Cosmo Run	Pretoria	10km • 5km

JUNE

Date	Event	Location	Distances
6 Jun	HOKA Half Runfest	Pretoria	21km • 10km • 5km
20 Jun	Soshanguve Great Run	Soshanguve	10km • 5km • Mile

JULY

Date	Event	Location	Distances
4 Jul	Garsfontein Ice Breaker	Pretoria East	21km • 10km • 5km
11 Jul	Springbok Vasbyt	Pretoria	21km • 10km • 5km
25 Jul	TUT Corporate Race	Pretoria	21km • 10km • 5km
26 Jul	702 Walk the Talk	Pretoria	4km • 7km • 8km Walk

SOUTH AFRICA TRIATHLON CALENDAR – 2026

JANUARY

Date	Event	Location	Type
10 Jan	NW Triathlon	Orkney	Sprint / Olympic
10 Jan	FS League #4	Maselspoort	Sprint / Development
18 Jan	Eden Championship	Great Brak River	Sprint / Olympic
24 Jan	Stronger Together Cross Tri	Smithfield Dam	Cross Tri

FEBRUARY

Date	Event	Location	Type
1 Feb	Tinman JHB #1	Midrand	Sprint / Olympic
14 Feb	NW Championship	Orkney	Championship
14 Feb	Blue Lagoon	Langebaan	Sprint / Olympic
22 Feb	Tinman DBN #1	Durban	Sprint / Olympic
28 Feb	Xterra Grabouw	Grabouw	Cross Tri

APRIL

Date	Event	Location	Type
19 Apr	IRONMAN South Africa	Nelson Mandela Bay	Full Ironman

MAY

Date	Event	Location	Type
9 May	Sun City Ultra	Sun City	Ultra T100

SEPTEMBER

Date	Event	Location	Type
26 Sept	Jozi Triathlon	Gauteng	Sprint / Olympic